

*B*aritz Wellness Center, PC

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Breast Cancer Risk Assessment

06/20/10, 12/22/10

A simple urine test can provide an important indication of risk for future development of estrogen-sensitive cancers.

Researchers at Rockefeller University have found that the body metabolizes estrogens into several different forms that can impact cancer development: 2-hydroxyestrone tends to inhibit cancer growth and 16-hydroxyestrone, actually encourages tumor development. A woman's "biochemical individuality" determines how much of each form is produced. Studies have shown that measuring the ratio of these two forms of estrogen provides an important indication of future risk for development of breast cancer. Repeat testing after 3 months is encouraged to monitor the effectiveness of any program.

Test #: 0142, Estronex 2/16 Ratio

Cost: \$179

Bone Resorption Assay

Bone is a very active tissue undergoing constant "remodeling", which is a process of formation and resorption (breakdown). Osteoporosis, a loss of bone density, occurs when the resorption rate is greater than the rate of formation of new bone. Since bone formation is difficult to assess, it is important to identify if you are among the men and women with rapid bone breakdown. If you are, you have a greater risk for osteoporosis. Repeat testing after 3 months is encouraged to monitor the effectiveness of any program.

Test #: 0018, Bone Resorption Assay

Cost: \$112

Estronex 2/16 Ratio & Bone Resorption Assay

These two tests can be performed from the same sample at a package rate

Test #: 0145, Estronex 2/16 and Bone Resorption Assay

Cost: \$239

Results

We will have your results about two weeks after you send in the test and we can go over them with you at that time.

Insurance Coverage

These tests are considered preventative and thus are not covered by insurance. Wellness services and products are generally not covered by any insurance plan. Insurance plans deal with injuries and illnesses.

For more information

See Health Tips Library

- Bone Resorption Assay
- Estrogen Metabolism
- Measuring Urinary Estrogen Metabolites
- Efficacy of Dried Cruciferous Powder
- Cruciferous Complete
- You can also visit www.metametrix.com

To have a custom program created for you or for a free consult call 508 583-2565

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