

# Baritz Wellness Center, P.C.

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## Cancer, the Program (part 1) Chemotherapy and Radiotherapy Support

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Chemotherapy works by killing fast-growing cells. But cancer cells are not the only cells in your body that grow rapidly. Normal, fast-growing cells can also be damaged by chemotherapy, which can cause side effects. Radiotherapy destroys cancer cells in the area of the body it is aimed at but it also affects some of the normal cells causing side effects. For these reasons supplementation to support normal healing of the body is desirable.

Some doctors advise against taking higher doses of antioxidant supplements during chemotherapy or radiation. There is a concern that the antioxidants might repair the damage to cancer cells that helps these cancer treatments work.<sup>1</sup> Others have noted that the possible harm from antioxidants is only in theory and believe that these supplements may help mitigate the side effects of chemotherapy and give better outcomes.<sup>2</sup> Until more evidence is available, it is best for those receiving these treatments to avoid dietary supplements that give more than 100% of the Daily Value for antioxidants.<sup>1</sup>

Whole food and whole plant concentrates such as those offered by Standard Process and Medi Herb, can provide high quality nutrition without exceeding the Daily Reference limits, which makes them an ideal choice when undergoing chemotherapy or radiotherapy.

### Whole Food supplements<sup>3</sup>

5/day	Zymex	Builds flora in the gut; kidney and bowel detoxification
2/day	Livaplex	Liver detoxification
9/day	Cholacol II	Intestinal detoxification; helps clear waste products
6/day	Min-Tran	Source of alkaline ash minerals plus calcium and kelp, to combat effects of acidification

### Herbal support<sup>4</sup>

3/day	Astragalus Complex <sup>5</sup>	Immune system support; radiation & chemotherapy support; promotes vitality
4/day	Adrenal Complex <sup>6</sup>	Adrenal & nervous system support; supports healing; boosts energy

### Support for the affected area and any organ where side-effects are expected (3/day) examples:

• Cardirotrophin PMG	Heart & muscles	• Orchic PMG	Testicles
• Dermatrophih PMG	Skin & epithelial tissue	• Pancreatrophin PMG	Pancreas
• Mammary PMG	Breast tissue	• Pneumatrophin PMG	Lungs
• Ostroprothin PMG	Bone	• Prostate PMG	Prostate

***To have a custom program created for you or for a free consult call 508 583-2565***

1. [www.cancer.org/Treatment/SurvivorshipDuringandAfterTreatment/NutritionforPeoplewithCancer/nutrition-and-physical-activity-during-and-after-cancer-treatment-answers-to-common-questions](http://www.cancer.org/Treatment/SurvivorshipDuringandAfterTreatment/NutritionforPeoplewithCancer/nutrition-and-physical-activity-during-and-after-cancer-treatment-answers-to-common-questions)

2. [www.sciencedaily.com/releases/2007/04/070426132954.htm](http://www.sciencedaily.com/releases/2007/04/070426132954.htm)

3. Standard Process Products for more info: [www.standardprocess.com/display/sponlinecatalog spi](http://www.standardprocess.com/display/sponlinecatalog spi)

4. MediHerb products for more info: [www.standardprocess.com/display/mhonlinecatalog spi](http://www.standardprocess.com/display/mhonlinecatalog spi); do not take these herbs if you are pregnant or lactating

5. Discontinue during an acute infection or fever. Contraindicated in known allergy to plants of the daisy family

6. Contraindicated in HBP, edema, congestive heart failure, low blood potassium

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