

Baritz Wellness Center, P.C.

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Chlorophyll For Pain Control

02/17/11, 02/22/11

Plants use chlorophyll to trap sunlight and convert solar energy into the nutrients that provide the basis for all plant and animal life. Chlorophyll is considered to be the greatest natural healer known. Most chlorophyll supplements are water soluble and deficient in fat-soluble antioxidant vitamins and sex hormone precursors. We use a fat soluble preparation that absorbs well into skin and mucus membranes. It is a stimulant for regeneration and healing and often recommended for vaginal yeast infections, burns, leg ulcers, skin lesions, wounds, and hemorrhoids. Many clinicians find that chlorophyll helps with all types of pain. Genuine chlorophyll can be identified by the green stain it leaves (think grass stains).

Chlorophyll for pain control

- Chew one or two Chlorophyll Complex¹ pearls, hold under your tongue for thirty to sixty seconds and then swallow. You can wash it down with some water or juice.
- Chewing is essential for the pain relieving effect. Directions on the bottle do not recommend chewing because chlorophyll tastes like grass and leaves a temporary stain in your mouth.
- There is no additional benefit by taking more than two pearls at a time.
- Relief is usually felt within five minutes; sometimes relief comes after an hour or more. Experience has shown that most people get some pain relief when using chlorophyll and sometimes they get complete relief.
- The pain relieving effect lasts two to four hours and sometimes longer.
- Repeat every two to four hours as needed, repeat doses tend to increase effectiveness of chlorophyll.
- Chlorophyll can be taken with pain medications and some find chlorophyll reduces the need for pain medications.

Relief for infants, children and pets

- Spread on your finger and massage on the inside of an infant's, child's or pet's mouth.
- A finger cot or surgical glove can be used to avoid temporary stains on your finger.

Precautions

- Use Chlorophyll carefully because it stains and can be very difficult to get out of clothes.
- Chlorophyll is rich in vitamin K so should not be taken with thinner medications like Coumadin or Warfarin.

To have a custom program created for you or for a free consult call 508 583-2565

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1. Standard Process Products for more info: www.standardprocess.com/display/sponlinecatalog.spl

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