

Natural Living Tip:



## Dental Surgery

Dental Surgery is just as important as any other surgery. Why? Because part of your body is being cut open and drugs are being used. Anything to prevent dental surgery is well worth it.

### Suggestions:

- Every 6 months see your dentist for a cleaning and check up.
- If having more than one procedure done, schedule them a month apart so there is healing time.
- Try going with out anesthesia. The body is often less shocked and recovers faster.
- Get enough sleep.
- If you can, come in post-surgery to help take stress off your mouth, teeth, nerves in your teeth; neck and liver. they will be the areas most stressed.

Yours for health naturally,  
*Dr B*

[www.baritzwellness.com](http://www.baritzwellness.com)

Forward to friends to sign up here for [Free Health Tips](#)  
Click here to view our [Health Tips library](#)

These statements have not been evaluated by the Food & Drug Administration. Baritz Wellness Center products and services are not intended to diagnose, treat, cure or prevent any disease. Products and services are intended to support the normal physiological and biochemical processes of the human body.