



Drug Side Effects

There are hundreds of drugs available that have multiple brand names and variations. There is no way a doctor or pharmacist that can memorize all of the side effects.

Most people are on more than one prescription which can be problematic. Doctors may not know the side effects of all prescribed medications, so how would they know if prescribing two medication would interact with one another in a bad way or good way? There is simply no way to look up chemical interactions, so you're pretty much on your own.

This is important for you to know and keep in mind next time you visit your medical doctor.

Here are my suggestions:

- **Next time you are going to take a pill or use a cream, look up different sources to see what types of side effects you might have and see if they suggest you avoid certain things while taking certain medications.**
- **Take into consideration that side effects are real possibilities that can happen and don't disregard them as "not going to happen to me."**
- **Research natural cures and success for your condition. For most conditions, natural remedies do exist.**

You are 100% responsible for what you swallow. Know your facts before you do!

**Yours for health naturally,
*Dr B***

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