

Baritz Wellness Center, P.C.

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Eczema, The Program

02/20/10

Address the basics

1. To the degree possible limit exposure to potential environmental triggers such as perfumes in personal care products, cleaning products and air fresheners.
2. Avoid rough textured clothing, wash clothing with mild soaps only, and rinse well.
3. Avoid situations that might cause your child to sweat.
4. Avoid arguments and displays of anxiety and hostility in the presence of your child.
5. **USF Ointment**¹ topically to reduce itching and promote healing; alternatively try a **topical herbal blend**².

Feed the body with whole food nutrition¹

Livaplex	Supports liver detoxification and fat metabolism
Ezacore	Digestive enzymes to support the digestive process
Tuna / Calamari Omega-3	Source of DHA and EPA essential fatty acids (Tuna capsules or Calamari liquid)

Support the vital force with herbs²

Herb liquid blend or **DermaCo tabs** For recurrent or persistent skin disorders; encourages healthy detoxification.

Check for and address any hidden blocks

1. For two weeks eliminate cow's milk, products made from cow's milk, eggs, tomatoes, peanuts and wheat products.
2. After two weeks take a heavy dose of one of the above and watch for four days to see if there is a reaction.
3. If there is no reaction challenge with a heavy dose of the next (If there was a reaction eliminate that product for one week and then continue to challenge the above one at a time).
4. When you have completed the above you can now eliminate any suspect food for two weeks and challenge as above. (suspects include: sugar, chocolate, food additives, yeast extracts, pork, beef, night shade vegetables, and nuts)

Grade the results

Look for initial improvements over a four week period and further improvements over the next few months.

Additional treatment (as required)^{1, 2}

Cataplex E	Promotes cell repair, anti-scarring, and increases tissue resistance to stress
Cataplex ACP	Promotes healing of skin and general resistance to infection
Dermatrophin PMG	Anti scarring, helpful with skin disorders.
Calcium Lactate	Highly absorbable form of calcium necessary for proper immune function.
Zinc Liver Cheleate	Zinc to support the skin and hormone function
Andrographics	To boost and balance immune response, may also help to control and prevent recurrences
Gotu Kola	Provides support for healing by increasing blood flow, particularly microcirculation
Digest Tabs	This combination of herbs improves digestion.

And other protocols to strengthen digestion and the GI tract

To have a custom program created for you or for a free consult call 508 583-2565

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1. Standard Process Products for more info: www.standardprocess.com/display/sponlinecatalog.spl

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