

# Gallbladder Symptom Survey

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## Rate each symptom below

0 NO symptoms

1 MILD symptoms (occur rarely)

2 MODERATE symptoms (occurs several times a month)

3 SEVERE symptoms (occurs almost constantly)

0 1 2 3 Dizziness

0 1 2 3 Dry skin

0 1 2 3 Burning feet

0 1 2 3 Blurred vision

0 1 2 3 Itching skin and feet

0 1 2 3 Hair loss

0 1 2 3 Occasional skin rashes

0 1 2 3 Bitter, metallic taste in mouth in mornings

0 1 2 3 Occasional constipation

0 1 2 3 Worrier (feels insecure)

0 1 2 3 Nausea occasionally after eating

0 1 2 3 Greasy foods upset

0 1 2 3 Stools light colored

0 1 2 3 Skin peels on foot soles

0 1 2 3 Discomfort between shoulder blades

0 1 2 3 Occasional laxative use

0 1 2 3 Stools alternate from soft to watery

0 1 2 3 Sneezing attacks

0 1 2 3 Dreaming, nightmare type bad dreams

0 1 2 3 Bad breath

0 1 2 3 Milk products cause upset

0 1 2 3 Sensitive to hot weather

0 1 2 3 Burning or itching anus

0 1 2 3 Crave sweets

\_\_\_\_\_ **Total**

**Total 0-3**      Low priority

**Total 4-6**      moderate priority

**Total 7 or more**      high priority

**If your score on the survey is 6 or higher,  
consider taking the steps outlined in this video or contact us at (508) 583-2565.**