

Baritz Wellness Center, P.C.

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Parasites, The Program

02/06/11, 02/28/11

Address the Basics

To prevent parasites thoroughly wash fruit and vegetables; cook meat and fish well; drink filtered water; never let pets lick your face or eat from your crockery; wash your hands after handling pets, working outdoors or using the bathroom; and clean toilet seats regularly.

Eat a healthy diet to maintain strong immune function. A diet high in protein encourages your body to produce antibodies and the fatty acids deter parasites' attempts to cling to your intestinal. Limiting carbohydrates also helps, as parasites love to feed on sugars from processed foods. If you reduce carbohydrates symptoms may flair for a few days as parasites die-off. Organizing your life to reduce stress and improve sleep will go a long way in helping.

Primary Protocol

Wormwood Complex² 3 tabs 2x/day (take for 10 days, break for 10 days, take for 10 days)

Parasites can become dormant or lay eggs during treatment only to activate later; a 10 day break gives them a chance to hatch before the next dose of this beneficial anti-parasite formula.

Gut Flora Complex² 3 caps 2x/day

Herbs in these capsules have been shown to be active against a number of parasites.

Sequential immune up-regulation as needed (use each for 30 days)

Andrographics Complex² 2 tabs 2x/day

Andrographics and Echinacea have been shown to enhance immune function; Holy Basil is a revered plant in India with anti-parasitic and immune enhancing properties.

Vitanox² 2 tabs/day on the same days as Woodworm

This complex of herbs has been shown in to have anti-parasite activity; do not take at the same time as Woodworm.

Colax² 2-4 before bed every 5 days while taking Wormwood (do not use if you have loose stool)

Colax provides gentle laxative function to assist with expulsion of parasites. Take enough to create a very loose stool.

Garlic 5000mg² 2 tabs 2x/day

This high quality garlic provides further anti-parasitic activity for stubborn parasites.

Digest² 1 tab about 15 minutes before meals

Suck the tab till you get the bitter taste then swallow; enhances digestive function to help prevent re-infestation

Zymex II¹ 5 caps 2x/day away from meals

Zymex II provides enzymes that when taken away from meals have been shown to digest parasites.

Zypan¹ 3 tabs 2x/day away from meals

Zypan lowers the pH of the GI tract making it inhospitable to parasites.

Cal-Amo¹ 3 tabs 2x/day

Cal-Amo is a systemic acidifier, making the joints, blood and organs less favorable to parasites.

Spanish Black Radish¹ 3 tabs/day

Spanish black radish promotes detoxification mechanisms of the colon by excretion of toxic materials.

To have a custom program created for you or for a free consult call 508 583-2565

1. Standard Process Products for more info: www.standardprocess.com/display/sponlinecatalog.spl

2. MediHerb products www.standardprocess.com/display/mhonlinecatalog.spl. Before taking herbs advise Dr. Baritz if you are pregnant, lactating or take medication

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