

# *Baritz* Wellness Center, PC

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## Scar Therapy

06/18/10, 03/21/11

Scars from past injuries or surgeries have consistently been found to be a hidden cause of disturbances to the normal functioning of the body. Whether the scar is close to the organ in trouble, or distant it needs to be properly and thoroughly handled whenever it shows up in our system of testing in order to attain optimal results.

Scientific research has demonstrated that any area of the skin that heals by scar formation has increased nerve tissue. These scars can sometimes suddenly “activate” (even years after they were caused) and act as capacitors which accumulate nervous energy, and which can then mis-fire at will, adversely affecting that portion of the nervous system and the tissues it affects.

There is also the matter of scars that lay across Acupuncture points or meridians. It seems the scar can cause interference with the flow of energy and causes disruption to organs located on that meridian.

Clinically, I have seen many conditions start to respond once these “scars” have been addressed. Most dramatic of all have been the women who have been suffering for years or decades from various post partum syndromes (including depression, chronic fatigue, thyroid dysfunction; gastro-intestinal and/or pelvic organ problems) who have finally been able to find relief once the underlying episiotomy or C-Section scar had been handled allowing the correct nutritional programs to work their miracles.

### Protocol

Simplest and most effective is to massage **Wheat Germ Oil** onto the scar (both longitudinally and across the scar) one or two times a day for 2 to 3 months. Two alternative topicals are:

- **Sesame seed Oil** (capsules)
- **Chlorophyll Ointment** (a tube)

If topical treatment does not resolve the scar the following can be added or used alone:

- **Ribonucleic Acid (RNA)** tablets daily for one or two months (9 tabs per day)
- Several sessions using **Cold Lasers** have been found to greatly facilitate healing. Cold Laser treatments are available in our office (\$15/treatment).
- Home treatments using certain frequencies of **Infrared light** have also been found to greatly facilitate healing. An infrared light for home use, *Clear Wave Soothing Skin System*, can be purchased at [www.verilux.com](http://www.verilux.com) for about \$190.

***To have a custom program created for you or for a free consult call 508 583-2565***

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