



## Skin Health

What you use on your skin finds itself into your body. The chemicals go through the skin and into your system. That's what happens when you use creams and hormone patches. Cancer researchers have actually found that chemicals in women's deodorants has a inside high percentage in breast tumors.

Most deodorants are toxic so wash your underarms with soap twice a day or find a more natural deodorant instead.

Use lotion or creams that are NOT preserved with formaldehyde, parabens and propyl alcohol. You should use one that contains rosemary extract or grape seed extract.

For makeup removal, use olive oil.

Yours for health naturally,

*Dr B*

[www.baritzwellness.com](http://www.baritzwellness.com)

Forward to friends to sign up here for [Free Health Tips](#)

Click here to view our [Health Tips library](#)

These statements have not been evaluated by the Food & Drug Administration. Baritz Wellness Center products and services are not intended to diagnose, treat, cure or prevent any disease. Products and services are intended to support the normal physiological and biochemical processes of the human body.