

Baritz Wellness Center, P.C.

450 Pleasant Street, Brockton, MA 02301 • 508 583-2565 • www.baritzwellness.com

Thalassemia

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Thalassemia is a blood disorder passed down through families (inherited) in which the body makes an abnormal form of hemoglobin, the protein in red blood cells that carries oxygen. The disorder results in excessive destruction of red blood cells, which leads to anemia.³

You must inherit the defective gene from both parents to develop Thalassemia major. Thalassemia minor occurs if you receive the defective gene form only one parent. Persons with this form of the disorder are carriers of the disease and usually do not have symptoms.³

Signs and symptoms can include: stillbirth, severe anemia, facial bone deformities, fatigue, growth failure, shortness of breath, jaundice, and enlarged spleen.³

Prognosis: Untreated thalassemia major leads to heart failure, liver problems, and makes a person more likely to develop infections. Blood transfusions can help control some symptoms, but may result in too much iron which can damage the heart, liver, and endocrine system.³

Address the basics

1. Support a healthy blood production and flow with a low carb diet.
2. Drink 6 to 8 glasses of spring water each day to support the circulatory system.
3. Get enough rest and avoid becoming over tired.

Support RBC growth & development with whole food supplements¹

Folic Acid B12 Synergistic combination of B-Complex vitamins to help strengthen blood cells (4 to 6/day)
Chlorophyll Complex Fat-soluble organic chlorophyll, for blood building especially RBC's (3 to 9/day)

Support the vital force with herbs²

Herbs have been used for 1,000's years to support the vitality and health of human blood. Traditionally liquids have been used as they are two to ten times more effective than tablets; however a tablet protocol is offered for those who prefer the convenience.

Herbal Liquid blend Ashwangda, Astragalus, Echinacea, Hawthorn (7.5ml 2x/day)
or

Withania Complex Assists in the maintenance or improvement of general wellbeing and health (3 to 4 /day)

Check for and address any hidden blocks

If needed support organs under stress: heart, liver, spleen, the endocrine glands and the cardiovascular system.

Grade the results

Look for initial improvements in the first two to four months and more gradual improvements after.

To have a custom program created for you or for a free consult call 508 583-2565

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1. Standard Process Products for more info: www.standardprocess.com/display/sponlinecatalog.spi

2. MediHerb products for more info: www.standardprocess.com/display/mhonlinecatalog.spi. Do not take these herbs if you are pregnant or lactating

3. MedlinePlus www.nlm.nih.gov/medlineplus/ency/article/000587.htm

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